

**Rita Ator**  
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### **Objective:**

In the everchanging healthcare environment, I would like to use my years of experience in healthcare to assist upcoming and new professionals in the field of physical therapy by providing quality education and potential research opportunities. Additionally, I would like to continue to assist in an orthopedic/sports medicine group in various areas of operation but not limited to clinical instruction, direct patient care, staff management, program development, and assisting with business development needs.

### **Education:**

Current enrollment in Dual degree program University of Indianapolis: Master's in Aging Studies and Doctor of Health Science

Evidence in Motion Institute of Health Professions-Graduate DPT-September 2014  
University of Illinois at Chicago, Health Sciences Center- Bachelor of Science in Physical Therapy- June 1987

Eastern Illinois University- Completion of ATC requirements- 1985

### **Work Experience:**

**Midwestern University, Glendale AZ**, Assistant Professor, Sept 2021- present  
Teaching in curriculum to include Clinical Competency Assessment, Physical Agents, Assisting with clinical education, Lecturing on Lymphedema/Compression/Bandaging

**Purposefully Home Health Care** Physical Therapist, November 2020-present.  
Responsible for evaluating and treating patients in a home health care environment.

**Arrowhead Physical Therapy, Phoenix, AZ**, Physical Therapist, Oct 2020-Jan 2021  
Responsible for evaluating and treating patients in direct patient care

**ATI Physical Therapy, Scottsdale AZ, Clinic Director, 2019-2020**

Currently responsible for local clinic operations including direct management of the clinic, management of clinic staff, direct patient care, business/referral development and clinical instruction for PT /ATC student interns.

**ATI Physical Therapy, Bolingbrook IL, Clinic Director, 2007-2019** Responsible for local clinic operations, including direct management of the clinic, management of clinic staff, direct patient care, business/referral development, and clinical instruction for PT/ATC student interns. Additional duties included offering site for new staff orientation, participating in development of the ATI Way and establishing the company internal customer service initiative.

**Orthosport , Forest Park IL, Director of Operations, 1987-2007** Responsible for operations of 9 clinics, hiring of new staff, management of local clinic and staff, direct patient care, business/referral development and clinical instruction for PT/ATC student interns.

**Licensure/Certification:**

Arizona State Physical Therapy Licensure-2/92-1993, 1/2019-present  
Illinois State Physical Therapy Licensure- 1987- present  
Athletic Training Certificate- 5/87 to present  
Athletic Training Illinois State Licensure- 1988 to present  
Board Certified Clinical Specialist in Orthopaedic Physical Therapy 4/93-4/03, 5/14-present  
Certified Manual Orthopedic Therapist-IAMT 2016  
Certified in Dry Needling- 2019  
Certified Holistic MLD Practitioner 2022  
Indiana State Physical Therapy Licensure- 8/00

**Professional and other Organizations:**

American Physical Therapy Association 1987-present  
Section Membership: Orthopedic, Education, Oncology, Electrophysiology and Wound Management  
Secretary of CEWM BPA SIG APT  
American College of Sportsmedicine 2021-present  
PEO 2005-present  
Mensa 2011-present

**Other Certifications:**

- Orthopedic residency with Evidence in Motion-includes continuing ed on all ortho conditions 7/2011-6/2013
- EIM graduate of (t)DPT 2014
- IAMT manual therapy certification March 2017
- Academy of Clinical Excellence Orthopedic Course Completion April 2019

- **Dry Needling Course Completion November 2019**
- **Lymphedema Management and Surgical Therapy July 2020**
- **TMR Seminars Level 1 1/16/21**
- **TMR Seminars Level 2 2/20/21**
- **Medbridge Treatment of Orthopedic Edemas:**
- **Physiologic Principles and Evidenced Based Techniques 10/13/14**
- **Medbridge Ethics in Practice: REsources for PTs and PTAs 10/14/21**
- **Medbridge Management of Orthopedic Edemas 10/14/21**
- **Medbridge Orthopedic Surgery, Pain and Disability 10/14/21**
- **Medbridge Effective Intervention strategies for the management of patellofemoral pain 10/16/21**
- **Medbridge Movement system: Advanced running assessment and treatment**
- **10/18/21**
- **Medbridge Meniscal challenges and concepts of rehabilitation 10/19/21**
- **Medbridge The Athlete's hip: treatment of hip pathology 10/21/21**
- **Medbridge Plantar Fascitis and Graston Technique 10/21/21**
- **Medbridge Body Temperature Assessment for Exertional Heat Stroke 10/22/21**
- **Medbridge Evidence Based Examination of the Shoulder: An update 11/4/21**
- **Medbridge Basic Musculoskeletal Radiology and Imaging 11/10/21**
- **Certified Level I Running Analyst December 2021**
- **Certified Cancer Exercise Trainer January 2022**
- **Certified Online Essentials in Hybrid Learning and Teaching: EIM August 2022**
- **Certified Online Teacher-Quality Matters, June 2023**
- **ACAPT Education Leadership Conference Mini-Gamer Course October 2023**
- **APTA CSM Pre Conference Presenter : Biophysical Agents, February 2024**

## **Research in Progress:**

Physical Therapists' Role in Health Promotion as Perceived by the Patient: Descriptive Survey", Summer 2023

## **Abstracts:**

"Perceived Microaggressions Among Doctor of Physical Therapy Students: A Qualitative Research Study". Presented at Education Leadership Conference, Philadelphia, 2023

## **Publications:**

"The Effect of Adhesive Strapping on Medial Longitudinal Arch Support Before and After Exercise"- Journal of Orthopedic & Sports Physical Therapy, Vol., 7/91

"Conjunctive Measurement of Aquatic Exercise in an Office Setting"- Psychological Reports, Vol. 89, 2001

"From Pain to Strength"-Advance for PTs and PTAs, Vol. 17 No. 8, 3/27/2006

Lymphedema Management-YME Schaumburg-2/23/2006

NCC Athletic training class Traction instruction- 2009-2018

## **Professional Conference Attendance:**

Attendance of APTA Combined Sections San Antonio, TX-2022, San Diego, CA-2023, Boston, MA 2024

Attendance ACAPT Educational Leadership Conference Milwaukee, WI-2022, Philadelphia, PA-2023

Annual Academy of Physical Medicine and Rehabilitation, New Orleans, 2023

## **Honors and Recognition:**

Certified Workers' Compensation Healthcare Provider-2010-2020

Outstanding Clinical Instructor Award-Midwestern University 2020

Grant Recipient from Chicagoland Orthopedic Physical Therapy Study Group for: "A comparison of Measurements Obtained with the Metrocom and CROM Instruments of the Maximum Active Range of Head Motion in the Sagittal, Coronal, and Transverse Planes for Normal Subjects."

Grant Recipient from College of Health Sciences, Midwestern University, Glendale, AZ