

## **Educational Session**

## Pignataro RM, Porter JG

"Movement System Considerations for Wound Prevention and Management"

America Physical Therapy Association Combined Sections Meeting. Denver, CO. February 14, 2020.

Although wound assessment and intervention is often considered a specialized area of practice, all physical therapists and physical therapist assistants have the opportunity to reduce risk of wounds and delayed healing in people with movement system impairments. While there are a number of health care practitioners who may be involved in wound management, physical therapy professionals have a unique set of knowledge and skills that are essential in delivering high-quality, comprehensive, whole-person care. Limited mobility can increase risk of wounds and delayed healing. However, acute and chronic wounds and abnormal scarring can likewise compromise mobility and function. The speakers will consider multifactorial associations between tissue repair and the movement system. Possible impediments to healing and restoration of function include posture, pressure distribution, repetitive trauma, fall risk, balance and proprioceptive deficits, weakness, restricted range of motion, and abnormal biomechanics. Attendees will learn examination techniques, evaluation strategies, and evidence-based interventions to promote optimal movement in people with integumentary impairments.